

CERTIFICATE OF PARTICIPATION

This is to certify that

Lize Kok

Has successfully participated & completed the

Sprint Triathlon TinMan Langebaan #1 - 24 March

held at Langebaan Country Estate.

TIME 02:11:32

PACE 11.86km/h

GENDER 18 of 34

OVERALL 46 of 74

30 - 34 2 of 3

24 March 2024, Sun

Date



BoutTime

Signature

